

KOGU UMA SÜDAMEGA JA KOGU UMA HING
KOGU UMA JÕUGA JA KOGU UMA MÕISTUSE
...MEST KUI ISEENNAS
...TEE NIL, JA SA EL

SINU ELU, OTSUSTAD SINÄ!



MINISTRY PROSPECTUS

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KOGU UMA JÕUGA JA KOGU UMA HING
...MEST KUI ISEENNAS!
...TEE NIL, JA SA ELAD!"

What is SEOS?



SEOS – Sinu Elu, Otsustad Sina! (Your Life You Decide), is an organisation committed to communicating with students about issues ranging from sex and values to addictions and HIV/AIDS prevention, whilst making Jesus known to them. We aim to empower young people to make good decisions for their lives. The **vision** of SEOS is to bring the hope of the Gospel to at risk you as many as **500 – 600** schools in Estonia.

SEOS lets young people know they are supported and encouraged in their determination to behave in ways that resist the temptations of society, seeing sexual activity as an expression of permanent commitment, rather than as a recreational pastime.

SEOS was established in September 2010 in Partnership with Scripture Union Estonia and Love for Life (Northern Ireland).



SINU ELU, OTSUSTAD SINNA!

What do we do and how do we do it?

SEOS currently has three programmes through which we conduct lectures in schools, youth clubs and churches covering three main themes: Sex and Relationships, Addiction and Self-image.

The majority of our work is done through the state school system. We have developed partnerships with schools through which we teach lessons in the normal flow of the school day. All of our lessons are tightly integrated with the Estonian National Curriculum, providing teachers with a solid foundation on which to build aspects of their PSHE & Citizenship curriculum. Currently we are developing new lessons covering the topics of abuse and human trafficking, both of which desperately need to be discussed with the young people of Estonia.

We have recently been invited to work with youth centres. This is an exciting new area for us and gives us further opportunity to speak to

young people. These talks require a more relaxed and flexible approach than lessons in schools, but also provide a more natural opportunity for deeper discussion with young people.

Finally, we are available to speak to church youth groups. There is a great need to inform youth and adults in the church about the problems facing our young people. These can be uncomfortable conversations for adults to have with young people, but they are nonetheless necessary. For example, statistics show us that, on average, children first view pornography on the internet at 12 years old. Therefore, SEOS is also committed to finding ways to minister to young people in the church.

We aim to be an organisation that uses young people to speak to young people on a peer level, but we also see the enormous value in using older, more experienced staff and volunteers.

Why is this important?

Estonia is routinely found at the top of European rankings for various life restricting practices and lifestyle choices. These include teenage pregnancy, abortion, sexually transmitted infections, teenage suicide, bullying, divorce and alcohol consumption.

Our research shows that 30% of 11–16 year olds and 59% of 16–19 year olds are repeatedly under the influence of alcohol. Furthermore, 10% of 11–16 year olds and 20% of 16–19 year olds are regular drug users.

SEOS sees it as our mission and responsibility to bring the light of the gospel to our young people.

The mission of SEOS:

SEOS creates communities of young people who value themselves and others, therefore resisting damaging behaviours and addictions, leading to the building and maintaining of healthy relationships.

SEOS provides young people with the information, skills and values that enable them to make positive physical, mental and spiritual health decisions, particularly about alcohol, drugs and sex.

What are people saying?

"I am really pleased, that I have found SEOS as a partner for our students and school. My students and I have enjoyed every lecture done by SEOS (...) As a teacher I see that these youth who come from SEOS are reliable, thorough, active, and willing to do something good and capable to develop."

Anne, Saku High School Teacher

"SEOS is always of great assistance to us. We have received all of the lectures and the students always enjoy them. (...) We would be greatly disappointed if this level of professional assistance was not available to us and we look forward to the next time SEOS visit us!"

Marje, Prantsuse Lütseum School Teacher

Students' Comments:

"I liked the part of the lecture which said that we are worthy of the best."

"Keep going on! Really good! So far the best lecture about sex. It was good and content-rich!"

"I liked whole lecture. It was so real and truthful. Now I will view lots of things differently and behave differently."

"I learned more about STD's. Some of them I have not even heard of before."

"I was surprised about how much advertising there actually is around us that shows sex and that totally influences me as well."

What is going on in SEOS?

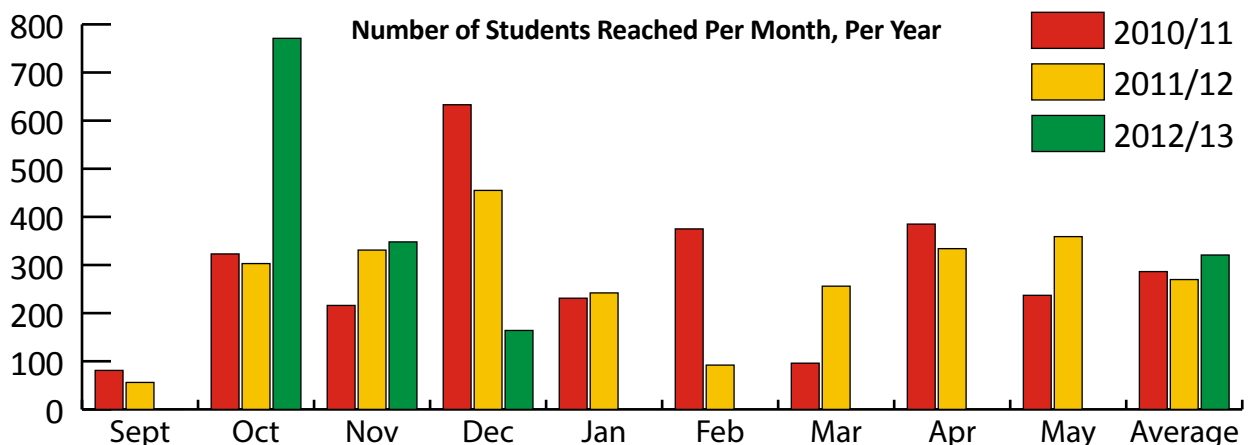
As a result of the work that SEOS has either led or been a part of over the 2011/12 academic year, we've seen around 30 people respond to the gospel, supported the launch of 5 Alpha Courses, spoken to around 2500 students in 101 lectures and shared the gospel on multiple occasions.

We have also partnered with other organisations on school tour festivals, where we travel around

Estonia for an intensive week of lectures, concerts and gospel sharing activities.

We also provide training for other organisations.

SEOS, currently employs one full time project leader and two part time assistants, plus we have eight volunteer lecturers including church pastors, office workers and university students.



Goals for 2012 - 2015

Goals for the end of 2012/13 academic year

Introduce new lecture on Abuse
 Create a partnership with at least two schools in Pärnu
 Procure much needed equipment such as software, laptops, projectors and portable speakers.
 Increase total number of lectures by 10%

Goals for the end of 2013/14 academic year

Introduce new lecture on Human Trafficking
 Create a partnership with at least four schools in Pärnu
 Increase total number of lectures by a further 10%
 Launch English version of website

Goals for the end of 2014/15 academic year

Employ administrator 30 hours per week
 Employ Russian language co-ordinator
 Create Russian language programme.
 Gain official endorsement from the Ministry of Education

What will it take and how can you get involved?

What will it take? It will take a large team of people not only in Estonia, but also in Europe and the body of Christ worldwide to see this ministry grow. Our team here in Estonia is committed to help train and disciple local leaders in a movement that we pray will lead to a spiritual awakening across this nation, led by local churches.

The Estonian economy is unlike that of Western Europe. Here, the average salary is roughly €800 per month. By partnering with SEOS, you will enable us to offset the costs of training and sending out people who are ready to speak in

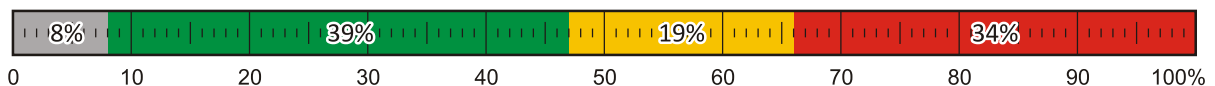
schools, help unwed mothers in crisis pregnancies, preach the Gospel, plant churches and bring the love of God to Estonians.

How Can You Get Involved?

This is truly a God-sized task, and it's going to take God-sized investments.

Please consider a three-year financial investment to launch into the areas of ministry God has placed in front of us across Estonia.

Our 2012/13 budget is cut out as follows:



| Outgoings | 2012/13 | 2013/14 | 2014/15 |
|-----------------------------------|-----------------|-----------------|-----------------|
| Rent | 4,600 € | 5,500 € | 8,000 € |
| Salaries | 23,000 € | 25,000 € | 45,000 € |
| Equipment | 11,500 € | 4,000 € | 13,000 € |
| R&D/Training/ Materials/Travel | 20,000 € | 20,000 € | 30,000 € |
| Totals | 59,100 € | 54,500 € | 96,000 € |

Income (2012/13 Accademic Year)

| | |
|--|-----------------|
| Love for Life & Scripture Union Europe | 7,500 € |
| Local Grants and Donations | 6,000 € |
| Total | 13,500 € |
| What is still needed? | 45,600 € |

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Thank you for your time getting to know what's happening at SEOS!

